

Miracle of Deliverance

BONUS CLASS: FRENZIED EMOTIONS

Teaching Purpose: Examine, recognize and disarm outbursts and consequences of frenzied behaviors. NOTES and TEACHING can be found at: www.MiracleofDeliverance.com/Frenzy

Modern Day Frenzied Behaviors:

1. With one rumor that toilet paper is being hoarded and supply in short demand, people react and go into overbuying and in a panic to buy toilet paper. Not milk, not flour, not essentials of life but TP!
2. A woman complains that she doesn't like a decision a pastor has made. She talks to a friend who agrees with her. A third party overhears and tells someone else that she's heard a lot of talk about how the pastor is making bad decisions. By the time that person shares it, the opinion is that everyone thinks that pastor is doing a bad job.

Description: I have been recognizing a pattern of behavior in believers that produces unrest, chaos, confusion, and contention. This frenzy release spreads quickly often erupting into panic.

Personality can be a factor in the level of frenzy a person feels but cannot be used as an excuse. We must guard our own emotions and seek the Lord for help!

2 Corinthians 2:11 speaks about the enemy not outwitting us and that we are not unaware of his schemes. Upon examination of emotional escalation, it is not difficult to see the enemy can and does use emotional frenzy to rob, kill, and destroy.

I will first go through some examples in the Word and then move into how to recognize this foothold through examining patterns in scripture.

Definitions:

DEFINED: fren·zy –noun–

synchéō G4826 (Strong's)

Acts 21:27 stir up

Saleuō G4535 (Strong's)

Act 17:13 stir up

Anaseiō G4579 (Strong's)

Mark 15:11 moved/stirred

sygkineō G4787 (Strong's)

Acts 6:12 stirred

– a state or period of uncontrolled excitement or wild behavior.

– confound (2x), confuse (1x), be in an uproar (1x), stir up (1x).

– agitate/shake, cause to totter, to cast down from one's secure and happy state, to move, agitate the mind, to disturb one

– To shake up, stir up, excite, rouse

– to move together with others; to throw into commotion, excite, stir up

Contagious Emotions and Activities

1. Excitement is contagious

- a. 2 Corinthians 9:1-3 (NKJV) Now concerning the ministering to the saints, it is superfluous for me to write to you; 2 for I know your willingness, about which I boast

of you to the Macedonians, that Achaia was ready a year ago; and your zeal has stirred up the majority.³ Yet I have sent the brethren, lest our boasting of you should be in vain in this respect, that, as I said, you may be ready; (superfluous: unnecessary)

2. **Confusion/Uproar is contagious.** (See above definition: G4826)
 - a. Acts 21:27 Now when the seven days were almost ended, the Jews from Asia, seeing him in the temple, stirred up the whole crowd and laid hands on him,
3. **Movement is contagious.** (See above definition: G4535)
 - a. Acts 17:13 But when the Jews from Thessalonica learned that the word of God was preached by Paul at Berea, they came there also and stirred up the crowds.
 - b. Acts 6:12 (See above definition S4787) So they stirred up the people and the elders and the teachers of the law. They seized Stephen and brought him before the Sanhedrin.
4. **Stirring up is contagious:**
 - a. Acts 13:50 But the Jews **stirred up** the devout and prominent women and the chief men of the city, raised up persecution against Paul and Barnabas, and expelled them from their region.
 - b. Acts 14:2 But the unbelieving Jews **stirred up** the Gentiles and poisoned their minds against the brethren.
 - c. Mark 15:11 (see definition above G4579) But the chief priests stirred up the crowd to have Pilate release Barabbas instead.

A Riot Example: If FRENZY is a state or period of uncontrolled excitement or wild behavior, there's no better example in the Bible than the riot in Ephesus from Acts 19:23-41

Let's examine how Acts 19:23-41 unfolds:

1. The gospel is ruining the idol making business.
2. A silversmith named Demetrius calls together those affected by the decline in business.
3. He points his finger at Paul and gives a systematic frenzy creating speech which includes wording designed to create panic: (You will see this pattern replaying itself repeatedly when frenzy, panic, and fear are working together!)
 - a. **You see and hear** (inviting their senses) how this fellow Paul has convinced and led astray **large numbers** of people here in Ephesus and in **practically the whole province of Asia**. (increases the number of people to cover the continent)
 - b. He says that gods made by human hands are no gods at all. (this is a slam to their profession and belief system to likely incite offense and fear)
 - c. There is danger not only that our trade will lose its good name, (fear over pride of their work) (for some, just the word 'danger' is enough to stir emotions)
 - d. but also that the temple of the great goddess Artemis will be discredited; and the goddess herself, who is worshiped throughout the province of Asia and the world,

will be robbed of her divine majesty.” (once more going from large to worldwide to express the fervency of the subject; he also is targeting their religious belief system)

4. **The Response is insane:**

a. **Anger and Fear**

- Fury – Be mindful of quick emotional responses
- Shouting

b. **Out of Control**

- Whole city in uproar (this was a private meeting that quickly escalated)
- The people grabbed Paul’s companions and rushed them into the theater.
 1. The mob was bad enough that some of the officials begged Paul not to go to the theater.
 2. The Theater in Ephesus can still be seen. It would have seated 24,000 with standing room for an additional 1,000. They still have events there!

c. **Mass confusion**

- Mob shouting differing things
 1. Most there shouting did not know why they were there

d. **Mob Energized by a Unity in Mayhem**

1. When a Jew tried to speak up, the mob chanted in unison for about two hours: “Great is Artemis of the Ephesians!”

5. **The remedy:**

a. A city clerk did the following:

• **Affirmed them**

1. Affirmed their devotion to Artemis

• **Reasoned**

1. Encouraged them to calm down and not do anything rash
2. Pointed out that they brought innocent men to the theater

• **Gave Direction**

1. Directed his statement to Demetrius and his fellow craftsman to take their grievance to the courts and press charges.

• **Explained Consequences**

1. Described the consequences that what they already did could be considered a riot.

• **Dismissed the assembly**

While on the boat during the storm, Jesus remedied the panic situation. Peter must have been in a panic to accuse the son of God of not caring. Jesus did not rise up and enter into the mayhem but spoke peace. He was the true peacemaker! Mark 4

Reasons to avoid Frenzied Emotions:

So far, we see that a 'stirring up' can lead to:

1. Murder and Violence
2. Disregard for law and reasoning
3. Great Division and Confusion
4. Persecution of innocent
5. Expelling of people from town
6. Poor decision making as evidenced by freeing a murderer to imprison an innocent man

Signs of Frenzied Emotions:

- Escalation of discontentment, fear, anger or other out-of-control emotions
- Inability to reason properly
- Lack of Peace
- Strong compulsion to "DO" something sporadic
- Confusion
- Fear
- Panic seems to be the outcome of untamed frenzied emotions

Feels Like

- Frantic
- Absence of Peace
- Big - Overwhelming
- Compulsion to Join in
- As the frenzy increases, the senses may seem overstimulated

Sounds Like

- Noise
- Busy
- "Everyone is upset or frantic...to the whole world."
- Even if there's no sound, the lack of sound is loud and ominous. (ie: If you become afraid in the middle of the night and as panic is setting in, the quiet can be very loud)

Makes you want to:

- Defend, attack or Protect
- Go on offensive
- Respond as others are responding
- Be fearful
- Not listen
- Unite for the cause!

Spirits that may work in tandem with Frenzy:

Lying	Fear	Divination	Error	Jealousy
Haughtiness	Rebellion	Deaf & Dumb	Anger/Rage	A Manipulating type of spirit

Recognizing & Avoiding

Like fear, doubt, lies, and error...it's easier to fend this thing off if you recognize it and nip it in the bud quickly. As soon as you feel a lack of peace and the vibration of activity, pull back and pray. Waiting while the thing escalates can be disastrous.

1. Listen to Holy Spirit. If He says disengage, pray, leave, or whatever, just follow Him.
2. Watch your words. Read Proverbs 17:27 below.

3. If Holy Spirit hasn't instructed you to move on, then make sure you are listening correctly to what is going on in the situation. See Proverbs 18:13 below.
4. If someone begins to spread something with fear, intimidation, manipulation, etc., purpose that you do not permit it to spread to you. Memorizing Philippians 4:6-8 would be a good anecdote for the situation.
5. Pay attention at how you respond to difficult or stressful situations.
 - Are you the one who initiates the frenzy?
 1. Are you the one going from 1 person to the "whole world" is upset?
 2. Are your motives manipulation or are your emotions so out of control that when something happens, you act as Demetrius and gather the frenzy crew?
 - Are you the one who is easily rattled by someone else beginning the frenzy rippling effect?
 1. If you respond with frenzy, it will be contagious.
 2. Do you just believe what you are told without checking the facts? You respond with the same emotional charge as the one sharing with you.
 3. If you have a spirit of fear, it is likely you are rattled easier and will go into panic mode quicker.
 4. Know your emotions. If suddenly there is anger, fear, desire for retaliation or to go in protective mode...know why and if what you're feeling is frenzy or wisdom.
 - Are you the peacekeeper who can bring a calm to the situation?
 1. Do you listen and discern the truth?
 2. Can you discern when you're being manipulated?
 3. Do you know how to speak the Word and bring calm in chaos? Jesus did.
 4. When frenzied persons come to you, are you able to speak reason and calm them instead of join in? Does your presence bring order and peace?

Proverbs 17:27

He who has knowledge spares his words, *And* a man of understanding is of a calm spirit. NKJV

Proverbs 18:13

He that answereth a matter before he heareth it, it is folly and shame unto him. KJV

Psalms 19:14

Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O LORD, my strength and my Redeemer NKJV

James 1:19-20

So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;²⁰ for the wrath of man does not produce the righteousness of God. NKJV

Prayer and Declaration:

I repent for entertaining any emotion or spirit not of you, Lord. I do not want to follow the crowd or be manipulated by the behavior of others. I want to have a peaceable habitation. Lord, let the words of my mouth and the meditation of my heart be acceptable to you! (Ps 19:14) Let mercy and truth reign in me and be bound to me. Write your truth upon my heart. (Pro 3:3) I will be still and know that You are God. I will exalt you above every other sound. (PS 46:10) You are my shepherd and I will not want another. You cause me to rest in green pastures and you lead me beside still waters. You restore my soul and lead me into paths of righteousness for Your name's sake. Even if I walk through the valley of the shadow of death, I will not fear evil because You are with me. Your guidance comforts me and I will rest in You. You prepare what I need even in front of my enemies and you have anointed me. My cup runs over with Your provision. I know that Your goodness and mercy will follow me all the days of my life and I long to dwell in Your house forever. (PS 23)

You alone will I follow. Help me to not just follow the crowds. You give me peace that passes understanding (Phil 4:7) and that is my inheritance, not fretting, worrying or being overwhelmed. You will keep my heart and mind. So I reject frenzied emotions. I renounce fear, lying, divination, error, jealousy, haughtiness, rage, error and deaf and dumb. I command the enemy to let go of every foothold now in Jesus' name. Lord, I ask you to close any doors that have been opened. I trust You and thank you for this today!